



Universal Health™



Neuro Emotional Technique NET

NET is a holistic method to access the physiology of emotions through applied Kinesiology and Chiropractic. It is simple, powerful and highly effective!

Emotions are natural and healthy. They are built-in response mechanisms that primarily protect and promote our general survival. However, when our body is out of balance, emotions can literally “short circuit” our nervous system. NET can help bring the body back into balance..

How Does It Work

Emotional responses to significant events in our lives are normal and natural. Sometimes however our bodies hold onto responses and they get stuck. These stuck emotions can cause spinal subluxation, muscular imbalance and many other complications can occur. NET is used to help re-establish balance in the body in the form of a physical correction, as you recall a specific past emotional event, that has not yet been totally integrated.

The Treatment

Your practitioner will help you identify and “let go” of a stuck emotional event by assisting you to recall how you felt during a specific time of your life, or at the mention of a specific person while testing the strength of a muscle. To assist your NET practitioner in the correction, you’ll be asked to form a mental picture, or “snapshot,” of the original triggering event. Then your practitioner will tap on the specific body point storing the emotion which will assist in integrating the emotional incongruence of that event.

Your practitioner may also use NET remedies. These are homeopathic drops that will be prescribed after treatment. These are used to activate your body’s defences and manage to remove toxins which will help naturally heal, repair, strengthen, and prevent illness.

The Benefits

NET can help your body release its lingering emotional charge for good, so that spinal adjustments stabilize, as well as muscle and meridian imbalances. When the Neuro Emotional Component (NEC) is eliminated, the nervous system can function more efficiently. You will feel more relaxed and recurring headaches and body aches and pains should stabilize or possibly be totally eradicated. If you have suffered extreme trauma this technique is essential to assist in recovery. The wonderful result can be a new level of health and confidence.

Results You Can Expect?

After the correction you may feel that a burden has been lifted from your shoulders. You may feel a lessening of a particular feeling/emotional state that has been bothering you. You may have a feeling of relief. The procedure is a very simple and comfortable. This quick and easy process is pleasant and often, can be life changing.

NET removes blocks to the natural vitalism of the body, allowing the body to repair itself.

Do You Suffer From?

- Headaches
- Body pains of all types phobias
- General anxiety
- Self-sabotaging behaviours
- Organ dysfunctions

Integrative Medicine combines the best available in Health Care in order to obtain optimum results by maximizing the body’s natural healing mechanisms.

www.universalhealth.com.au

Restore + Sustain + Advance

