



Universal Health™



Neural Organisation Technique

Now there's help for children and adults with dyslexia and learning difficulties.

Neural Organization Technique, or N.O.T, is one of the most comprehensive and powerful treatment programs in Holistic Medicine in the world today. NOT is a combination of three therapies Acupressure, Kinesiology and Craniosacral Therapy. It is a new chiropractic technique which improves neurological perceptions by correcting misalignments in the skull and spine.

When the bones in the skull are misaligned they can interfere with the nerves which connect to the brain through small holes found naturally in the skull. An example of this is the optic and auditory nerves for vision and hearing respectively; interference with which will alter what is perceived. This leads to frustrating and debilitating conditions such as Dyslexia and various other learning difficulties.

How Does it Work?

Dyslexia is an inability to properly process language. Misalignments in the skull can also interfere with the blood supply to the brain which decreases its ability to function and these misaligned bones in the skull can also put direct pressure on the brain affecting many functions such as short term memory or balance and coordination. Correcting the specific cranial faults found in dyslexics and the learning disabled has led to astounding reversal of symptoms.

The Treatment

Your practitioner will ask you about your history particularly, birth trauma, genetic factors or chemical irritation. Depending on the diagnosis, your practitioner will use acupressure by applying pressure to specific points on the body, kinesiology (muscle testing), and the third and most important technique involving a process of cranial moulding, known as Craniosacral Therapy. Craniosacral Therapy is a light, hands on, non invasive method of enhancing the development and function of the brain and spinal cord by removing restrictions in the body, particularly in the cranium and spinal cord.

Do you Suffer From?

- Difficulty with reading, writing, and mathematics
- Difficulty understanding words
- Inability to relate to people in groups
- Poor or non-existent sense of direction
- Little or no concept of time
- Inability to concentrate
- Dysequilibrium
- Poor motor coordination
- Constantly bumping into things or dropping things
- Stuttering or hesitant speech
- Inability to remember numbers
- Sharp emotional mood swings
- Difficulty in following sequential instructions
- Difficulty in following motion or moving things (ball, people, traffic)
- Various phobias
- Getting lost easily
- Unable to make decisions
- Feeling inferior or stupid
- Inability to get organized
- Scoliosis
- Multiple Sclerosis
- Traumatic Brain Injury
- Down's syndrome
- Cerebral Palsy
- Allergies
- Learning Disabilities, A.D.D., P.D.D.
- Musculoskeletal Disorders

The Benefits

In most cases, after the corrections are made and stabilised, further treatment is rarely necessary. Once the proper neurological and structural corrections have been made, the patients learning ability is restored.

The results of these treatments can border on the miraculous. The more severe the neurologic impairment, the more spectacular the results can be. Unlike many other methods of treatment, i.e. drug therapy (Ritalin) and behavior modification, that compensate for the disease, NOT Therapy treats the cause and individuals may possibly overcome their Dyslexia or Learning Disability.

Results You can Expect?

As early as the first or second treatment you can expect improvements. Reading becomes easier and more fluid due to a better understanding of the text. Spelling mistakes gradually disappear, there will be gains in the fields of mathematics and science. There will also be a restoration of balance, an improvement in motor coordination, a reduction in hyperactivity and an increase in memory. Lastly, the most striking improvement is the rise in self confidence.

Integrative Medicine combines the best available in Health Care in order to obtain optimum results by maximizing the body's natural healing mechanisms.

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Restore + Sustain + Advance

