



Universal Health™



Network

A new gentle approach with powerful healing results.

This revolutionary approach to wellness utilises gentle, precise touch to areas of the spine. Whenever there is interference in our nervous system, our health is affected. Interference can exist in the form of chemical toxins, emotional stresses, physical trauma from accidents, and tension that comes along with our personal fears and anxieties. Getting the body to recognize and release interference at the neurological level is the basis of Network Spinal Analysis.

How Does It Work

One of the most important phenomena in Network Spinal Analysis is the spinal wave. A very gentle and light contact by a Network Chiropractor causes the spine to vibrate or rock gently on its own. The brain becomes more aware of stuck parts along the spine and the body begins the process of spontaneously releasing spinal tensions.

The Treatment

Your practitioner will examine your individual spinal characteristics, as well as areas that are stiff or painful and also discuss your history, any accidents or concerns. Your practitioner will apply light pressure at precise points along the spine, while you are lying face down on a chiropractic table, sitting up or lying on your back or your side.

The Benefits

Network helps the body heal and recover from pain and illness as a result of accidents, falls, or stresses that have accumulated over the years. You will feel, less physical pain, less tension or stiffness in your spine, improvements in any skin conditions, fewer incidence of colds and flu, fewer headaches and less menstrual discomfort.

Results You Can Expect

Relief and improvement are often felt after the first couple of sessions by a reduction in muscle tension.

A feeling of lightness, flexibility and a sense of peacefulness are also common. You will think more clearly with greater focus and have more vitality.

You will be less dependant on antibiotics. and you will notice improvements to your posture, general health and outlook on life.

Do You Suffer From?

Allergies
Asthma
Fibro Myalgia
Hypertension
Lower Back Pain
Stiff Joints
Sciatica
Migraines
Depression
Fatigue
Colds And Flu
Lack Of Vitality
Dysequilibrium
Anti-social Behaviours
Poor Co-ordination
Stuttering
Mood Swings
Phobias
Dyslexia
Learning Difficulties

Gentle precise touch to the spine cues the brain to create new wellness promoting strategies.

Integrative Medicine combines the best available in Health Care in order to obtain optimum results by maximizing the body's natural healing mechanisms.

www.universalhealth.com.au

Restore + Sustain + Advance

