



Universal Health™



Homeopathy

Safe, Natural, Fast Acting
Non-invasive and Clinically
effective.

Homeopathy is a scientific system of healthcare which activates the body's own healing process, allowing the body to heal naturally, gently and promptly.

If we think about the principle of homeopathy, it has a lot in common with our present understanding of immunisations. To prevent us from catching small pox, a vaccine is prepared which is a mild form of the virus that causes the disease. The principle is that introduction of this small amount of the virus into our system will kick-start our body's defences. When we encounter the actual virus, our body will be familiar with the virus and have enough barriers / fighting power to prevent serious infection.

How Does It Work

Homeopathy is based on the principle that substances that may be toxic in large doses can be very beneficial in small doses. Homeopathy is a form of medicine that treats the body as a whole and helps it to heal itself.

Homeopaths believe that it is the energy or "vibrational pattern" of the remedy, rather than the chemical content, that stimulates the healing by activating the Vital Force. Vital Force is the healing power or energy that exists within us all. It is called Pnevma by the Greeks, Chi by the Chinese and Prana by Indian Ayurveda. The Vital Force fuels the body, emotions and mind.

The Treatment

Your practitioner will take an in-depth assessment and will tailor a remedy/treatment plan for you. After your first visit you will be given some remedies to take. You will need to allow enough time for the homeopathic remedy to work. You will need to avoid caffeine or other medications that may interfere with treatment. Your response to these remedies helps your practitioner make decisions about further treatment. Most homeopathic remedies are derived from natural substances that come from plants, minerals, or animals.

Do You Suffer From?

Abdominal Pain/ Indigestion
Acne
Allergies
Anxiety and Fear
Asthma
Back and Neck Problems
Cold Sores
Colds, Coughs, Flu
Conjunctivitis
Digestive problems
Ear aches
Grief and Sadness
Headaches Insomnia
Irritability and Anger
Laryngitis
PMS
Motion Sickness
Nausea
Fungal Infections
Sinus Problems

The Benefits

Ailments such as colds, constipation, vomiting, and diarrhea respond well to homeopathic treatment. It can help in the treatment of rheumatoid arthritis, fibrositis, eczema and psoriasis, and may also help with emotional, mental or physical complaints. For example, there is a remedy available to help people to stop smoking

Results You Can Expect

Some acute symptoms may respond amazingly quickly, chronic conditions will take longer.

Integrative Medicine combines the best available in Health Care in order to obtain optimum results by maximizing the body's natural healing mechanisms.

www.universalhealth.com.au

Restore + Sustain + Advance

