



Universal Health™



Craniopathy

A comprehensive system of healing involving the relationship between the cranial structure and body mechanics.

Craniopathy is the art and science of osteopathy and chiropractic, and it deals with the relationship of the cranial structure, cerebrospinal fluid (CSF) and body mechanics.

It is a mobilizing therapy focusing on the bones of the skull and the spinal fluid, which moves in pulse-like waves in the skull and spinal column. If the bones of the skull are misaligned they interfere with the pulse like waves in the skull. Gentle mobilization realigns these bones allowing the brain to function optimally as master controller of the body, enabling the body to self heal.

How Does it Work?

Due to its importance, the brain is protected by the bones of the skull. These bones are movable, flexible and adjustable. Restrictions, immobility, in these bones cause disruption to the natural craniosacral rhythm, pulse like waves in the skull, and effect the normal functioning of the brain. Restoring normal craniosacral rhythm enables the body to function optimally. Restoring optimum body function alleviates a wide variety of painful and dysfunctional conditions within the body.

The Treatment

Your practitioner will ask you about your medical history, and to outline current medical problems, particularly the impact they are having on your lifestyle.

Your practitioner will then examine your head, looking for cranial dysfunction. You will usually be asked to lie down on your back. He will then cradle your head, and use gentle pressure on the bones of your skull to realign them. This procedure is not painful and can be quite soothing. Craniopathy will often be used in conjunction with other complementary medicines.

Do You Suffer From?

Scoliosis, infantile disorders, chronic fatigue, motor coordination impairments, emotional difficulties, chronic neck and back pain, stress, headaches, learning disabilities, dyslexia, hyperactivity, poor posture, lack of muscle tone, eyes, ears, nose and throat problems, dysequilibrium, facial pain, tempero-mandibular joint problems, bruxism (tooth grinding), shoulder and neck pain.

The Benefits

Craniopathy, improves the body's health and resilience. Positive and dramatic benefits can occur in cases of headaches, learning disabilities, dyslexia, scoliosis, infantile disorders, chronic fatigue, motor coordination impairments, emotional difficulties, chronic neck and back pain and stress. Craniopathy, can also assist in TMJ problems and Dental imbalances.

Results You Can Expect

You may experience a profound sense of relaxation and peace. Sometimes clients fall asleep or go into an altered space at some point during the session. There may be a minor change in shape of your face, from slightly lopsided to symmetrical, as the bones of your skull are realigned, this will give you a more youthful appearance. Your headaches and other aches and pains will often disappear after a series of treatments. General feelings of well-being and calmness are common as cranial mobility is restored.

Integrative Medicine combines the best available in Health Care in order to obtain optimum results by maximizing the body's natural healing mechanisms.

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Restore + Sustain + Advance

