



Universal Health™



Vector Point

A low force and non-invasive method of cranial adjustment.

The dura is a fibrous sheet that covers your brain and spinal cord. Its attachments begin inside your skull and then work their way down your spinal canal, finally anchoring at the lowest bone in your spine, the sacrum. The dura has many purposes, one of which is to allow for the free flowing of cerebral spinal fluid. This process, called the Cranial Sacral Respiratory Mechanism, is maintained in part by the subtle movements of the cranial bones. When the cranial bones are subluxated (misaligned) dural tension is created, causing the uppermost neck vertebrae and the jaw joints to react. These, in turn, cause an entire pattern of compensation and adaptation to take place within the body including in soft tissues like organs.

How Does It Work?

By applying sustained gentle pressure to the cranium on specific points your practitioner is able to gradually move the cranial bones back into their original position. Because this process also removes dural tension, the net effect is not only the correction of the cranial bones themselves, but also the correction of all other secondary distortions of the spine and other related conditions.

The Treatment

Your practitioner will ask you about your medical history and your current medical problems, noting particularly the impact they are having on your lifestyle. Your practitioner will then examine your head, looking for cranial dysfunction. You will usually be asked to lie down on your back, fully clothed. He will then cradle your head, and use gentle pressure on the bones of your skull usually on three or four points which must be contacted simultaneously in order to properly reposition the cranial bones. The procedure is enhanced by having you breath deeply while flexing your feet. Movement of the feet and toes upward as you inhale slightly stretches the dura, while moving the feet and toes downward as you exhale relaxes it. This procedure is not painful and can be quite soothing. In fact you will be pleasantly surprised that such a subtle technique can have so profound an effect. Craniopathy will often be used in conjunction with other complementary homeopathic medicines.

The Benefits

By clearing blockages and correcting spinal and cranial subluxations Vector Point Cranial Therapy will help boost your general well being, reduce stress, improve the quality of your sleep, increase your energy, enhance the functioning of all the body's organs and specifically relieve nerve problems which have been causing arm and leg pains, headaches, and dizziness. Vector Point Cranial Therapy is however, not a specific treatment for a medical condition but a general method for improving the health and resilience of the human body.

Do You Suffer From?

Scoliosis, infantile disorders, chronic fatigue, motor coordination impairments, TMJ, visual disturbance, emotional difficulties, chronic neck and back pain, stress, headaches, learning disabilities, dyslexia, hyperactivity, poor posture, lack of muscle tone, eyes, ears, nose and throat problems, vertigo, facial pain, tempero-mandibular joint problems, bruxism (tooth grinding), shoulder and neck pain, migraine, chronic sinusitis, high blood pressure, digestive problems, urinary problems, toxicity, female reproductive dysfunction.

Results You Can Expect

You may experience a profound sense of relaxation and peace. Sometimes clients fall asleep or go into an altered space at some point during the session. There may be a minor change in shape of your face; from slightly lopsided to symmetrical, as the bones of your skull are realigned, this will give you a more youthful appearance. Some minor health problems, such as tension headache, may be resolved in one session. More complex conditions usually require several weekly sessions. By normalizing organ function you can expect improvement in high blood pressure, digestive problems, urinary problems, toxicity, female reproductive dysfunction and head problems such as vertigo, TMJ, visual disturbance and ear infections. General feelings of well-being and calmness are common as cranial mobility is restored.

Integrative Medicine combines the best available in Health Care in order to obtain optimum results by maximizing the body's natural healing mechanisms.

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Restore + Sustain + Advance

