

## Iridology



**Iridology is a powerful, non-invasive diagnostic tool** used in conjunction with chiropractic, homeopathy, acupuncture and/or naturopathy treatments - enabling you to live a healthier life.

The science of iridology is based on the analysis of the iris, and gives an essential insight to the development of chronic diseases. Iridologists do not diagnose specific diseases, but rather highlight those systems and organs in the body that are healthy and those which are described as overactive or inflamed. These are said to point to a tendency in the patient towards certain illnesses, to reflect past medical problems, or to predict health problems which may be developing.

### How Does It Work

As a degenerative disease slowly develops, the iris will reflect these changes. When a photograph of the iris is enlarged, an iridologist can view ultrafine membranes of connective tissue in the eye, that can show signs of degenerative diseases, well before their presence is manifested in larger organs. Every part of your body is related to a section of the iris, so your eyes can help pinpoint problems and imbalances even before you have symptoms.

### The Diagnosis

Your iridologist will examine the irises of your eyes using a light and magnifying glass. Many iridologists will also obtain photographs of your iris with a specially designed camera, then enlarge the photos so that the iris appears about the size of a dinner plate. The complexity of the iris's structure can be a rather dramatic sight, with its numerous fibres and colours, the iris is as unique as your fingerprints. The process is completely painless, safe, and noninvasive. While examining your irises, your iridologist will look for subtle signs of developing illness, such as symptoms of stress or a build-up of toxins.

### The Benefits

Your Iridologist aims to keep you well. Using iridology, imbalances or weaknesses in the body can be discovered before they develop into serious medical problems.

Your practitioner will identify your health problems at their earliest stages and suggest ways to keep disease from developing. You will be told about any risk factors and given preventive health-care measures to follow. **Prevention of illness is a core value of Universal Health.**

Iridology cannot detect a specific disease. Rather, it is a preventive practice that helps people to understand their basic health issues so that integrated, targeted treatments will be implemented. If a health problem is detected at an early stage, something can then be done to prevent it from becoming a full-blown disease.

### Results You Can Expect?

Any current imbalances or weakness will be detected and you will also have advanced warning of any future health issues which can then be prevented or treated using a range of natural therapies including naturopathy, homeopathy, chiropractic and acupuncture.

The idea that the eyes are a mirror to the body is an ancient one:

The Greek physician Hippocrates was known to examine patients' eyes for signs of illness.