

## Paediatric Chiropractic

Helps children by releasing stress or tension thus improving body functions through a healthier nervous system. A good night sleep for your child, a good nights sleep for you.

Chiropractic care for children can have dramatic results. A child's developing spine protects the nervous system, which coordinates every process between the mind and body. Birth is one of the most traumatic events that we will ever have to endure, and can cause the vertebrae in the spine and the bones of the skull to become misaligned. A child's spine continues to receive the daily stresses and traumas of life as they grow. These forces distort the positioning of the spine and may cause slight pressure on the spinal cord, thus reducing the flow of communication between the mind and the body. These misalignments, known as subluxations, alter how well the nervous system functions and thus how well your child's mind and body function develops.

### How Does It Work

When, through injury, posture problems or emotional stresses, your vertebrae become misaligned they interfere with the normal function of these nerves. Vertebral subluxations occur when spinal bone misalignments cause nerve system interference. Proper "adjustments" are given to remove and "unlock" these subluxation complexes and thus remove the cause of pain and malfunction.

### The Treatment

Your practitioner will ask you about your child's history and examine their spine and posture. Since your babies and children are small and fragile adjustments are gentle. The technique is very light and many babies sleep through the treatment. Knowing exactly where to adjust, your practitioner applies no more pressure than you'd use to test the ripeness of a tomato or eyeball pressure. Older children receiving the adjustment will only feel very light contact. The most common form of therapy for children is craniopathy. Gentle pressure over specific areas of the child's cranium.

### Does Your Child Suffer From?

Fever	Bed Wetting
Colic	Bronchitis
Croup	Constipation
Allergies	Weakness/fatigue
Wheezing	Skin problems
Poor Posture	Uneven gait
Stomach-ache	Irritability
Hearing loss	Nervousness
Glue Ear/Ear infection	Learning disorder
Neck/back pain	Sinus problems
Leg/hip/foot pain numbness	Eye problems
Headaches	Scoliosis
Cough/colds	Arthritis
Asthma	Poor concentration

### The Benefits

Paediatric chiropractic improves common childhood symptoms such as colic, asthma, ear infections and many more. Spinal misalignments or abnormalities such as scoliosis can be detected at a very early age thus minimising future problems. Children generally sleep better, so parents can too.

### Results You Can Expect?

Your child will usually respond quickly to chiropractic treatment and may be calmer and perhaps sleepy after their adjustment. Children who have regular chiropractic care just don't get sick regularly, their school attendance and grades may improve and they generally have better health overall.

Through releasing subluxations to your child's spine and nervous system, every aspect of your child's life and health is enhanced. This gives your child a healthy beginning so they can begin to achieve their highest potential in life.