

Chiropractic

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Chiropractic viewpoint

Seeing and experiencing is believing!!

The more I practice, the more homotoxicology proves to be a necessity. Its application to so many conditions still astounds me.

Case study 1

Take for instance Mr. Lee. Recurrent chronic low back pain L4/L5, L5/S1 regional pain with referral down into right buttock. He has been receiving treatment for over three years with success though symptoms would return.

He has been advised on cleanses, diets, vitamins, minerals, exercise programs, treatment protocols etc, which all assisted, though symptoms would return.

So it was time to put Homotoxicology to the test. It was clear that to make a definite lasting change, we would need to rectify and detox the extra cellular space in which all cells communicate in rather than continuously increasing and changing the supplements and diets.

So he started with the Detox kit for 12 weeks for drainage and Traumeel, Zeel and Hepeel for regulatory and inflammatory support.

It was amazing. He responded within three days and hasn't had a reoccurrence of the pain since. Its now been over one year. More interesting to note that his ability to exercise and endurance improved by 40%. The amount of vitamins and minerals he needed, decreased to a third of the original amount. His diet did not have to be so restrictive. He was not reacting to foods that he normally would.

In summary, it seems that the homotoxicological approach assisted in resolving the presenting complaint by cleansing at such an extra-cellular matrix level. The whole body communicated more effectively and efficiently. His whole standard of well being also improved accordingly.

Case study 2

Another interesting example was a young 26 year old female tennis player who suffered with tennis elbow. She has suffered continuously for two years regularly receiving treatment to maintain her tournament playing.

Now it was time to put the Biomesotherapy to the test.

As her injury was chronic with constant acute exacerbations Traumeel and Zeel were recommended. The therapy was applied to the elbow region - oral administration of the vials was given.

Her pain in the elbow dissipated before she left the clinic and for the next two weeks had no pain.

It seems that Biomesotherapy is an excellent modality for active or latent trigger points or any soft tissue injury for that matter.

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Peter Babilis is a Chiropractor practicing in Sydney for the past 15 years, operating two health centres providing a wide spectrum of therapies.

Peter has acquired post-graduate qualifications in Acupuncture, Sports Science, Clinical Nutrition, Naturopathy, Homeopathy, Medical Herbalism, Iridology, and Kinesiology. He is currently in a post graduate higher degree research program at the Macquarie University.

Since 2001, Peter has sat on a Non Profit Research Foundation board and occupies the Research Chair role.

Enjoying cutting edge technology, Peter has embraced the remarkable results of Homotoxicology and Biomesotherapy and is now researching and lecturing on this technology.